

PRE-OPERATIVE INSTRUCTIONS

ORAL SURGERY

Please come to your appointment with a designated driver who must remain in the office during your surgery appointment. All minors (less than 18 years of age) must be accompanied to their appointment with a parent or legal guardian. Your driver, or other responsible person, should remain with you for 6-8 hours to assist you with any post-operative concerns. You cannot leave the office by taxi or bus.

- If you are having general anesthesia or intravenous sedation for your surgical procedure, do not have any food or liquids (including water) for 6 hours prior to your surgery. Please drink several glasses of water the day before your surgery appointment so that you may remain well-hydrated.
- Wear loose fitting comfortable clothing — preferably short sleeves to allow easy access to your arms for monitor placement. All heavy sweatshirts or coats should be removed.
- Please remove all jewelry prior to your appointment. All oral and facial piercings should also be removed.
- Remove any nail polish from your left pointer finger (index finger) prior to your appointment to enable our pulse oximeter to operate properly.
- Discontinue Aspirin 7 days prior to your appointment to minimize post-operative bleeding concerns. Please obtain permission to do so from your primary care physician.
- Discontinue blood thinner medications (Coumadin, Warfarin, Plavix) as directed. Please consult your physician regarding this request.

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- Do not take any diabetic medication(s) (insulin or oral hypoglycemic agents) prior to your appointment or as instructed. Please check your blood sugar prior to leaving your home and notify us of that value on the day of your surgery.

- Take your blood pressure medications at your scheduled times, but only with enough water to swallow the pills if you are having general anesthesia or intravenous sedation.

- If required, please contact your physician to obtain written medical clearance to assess your ability to have your surgery procedure completed. Have your physician send this clearance to our office prior to your appointment. Failure to obtain this written clearance will result in cancelation of your appointment.

- Apply the topical anesthetic to the intended IV site as instructed. Place the topical anesthetic at least one hour prior to your scheduled surgery time. Cover the topical with the clear dressings supplied.

- If your child is scheduled for an oral sedation, please arrive at our office 30 minutes prior to their scheduled surgery time.

Call our office at 651.636.1818 if you have any other questions